

ANNEXURE - X

WEBINAR/ SEMINAR DETAILS

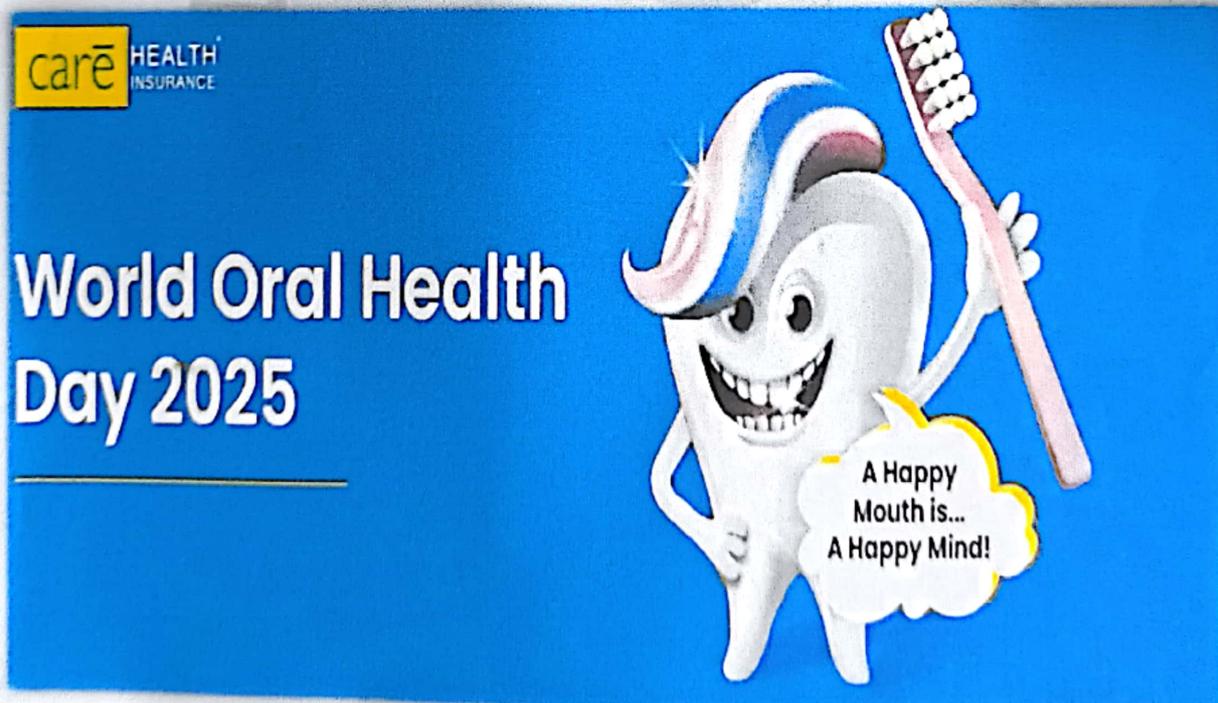


Navodaya Shikshan, Krida & Sanskrutik Mandal's

**Dr. R. N. LAHOTI COLLEGE OF NURSING,
SULTANPUR**

WORLD ORAL HEALTH DAY CELEBRATION

REPORT - 2025



World Oral Health Day is a global healthcare event observed every year on the 20th of March to raise awareness about oral hygiene, its importance, and the factors that have contributed to oral diseases.

Oral health is the condition of the mouth, teeth, and orofacial structures that enable individuals to perform essential functions such as speaking, breathing and eating. Various modifiable risk factors, such as food consumption rich in sugar, poor oral hygiene, tobacco and alcohol use, lead to oral disorders. Pregnant women's gums are more prone to plaque due to hormonal shifts.

Among the various oral diseases, dental caries (tooth decay) is the most common. In addition, other oral diseases include and are not limited to the following:

- ✓ Dental cancer (uncontrollable cell growth in the buccal cavity)
- ✓ Tooth loss (unnatural falling of teeth)
- ✓ Oro-dental trauma (pain due to injury in the teeth, mouth and oral cavity)
- ✓ Periodontal disease (infection and inflammation of the gum tissues)

This year, 2025, the **World Oral Health Day** theme is *"A HAPPY MOUTH IS... A HAPPY BODY"*. This theme emphasizes the link between mental health and dental health. Gum disease, cavities, and tooth loss can result from poor oral hygiene, which can also have an impact on social relationships, self-esteem, and general mental health.

Dr. R. N. Lahoti College of Nursing, Sultanpur organized the celebration of **World Oral Health Day** in the campus dated 20th March 2025 at 12 Noon onwards.



Dr. R. N. Lahoti College of Nursing, Sultanpur strives to excel at all levels and bring laurels to the students. Under guidance of Hon. Respected, Dr. Hemrajaji R. Lahoti Sir, President, Navodaya Shikshan, Krida & Sanskrutik Mandal's and Mrs. Rajula Asir Ma'am, Principal, Dr. RNLCON, the planning for celebration of **World Oral Health Day – 2025**.

The institute organize the awareness program for the school children's. Dr. R. N. Lahoti CBSC School, Sultanpur, Buldhana has been selected for giving awareness regarding Oral hygiene. And class 1st and 2nd standard students were selected.

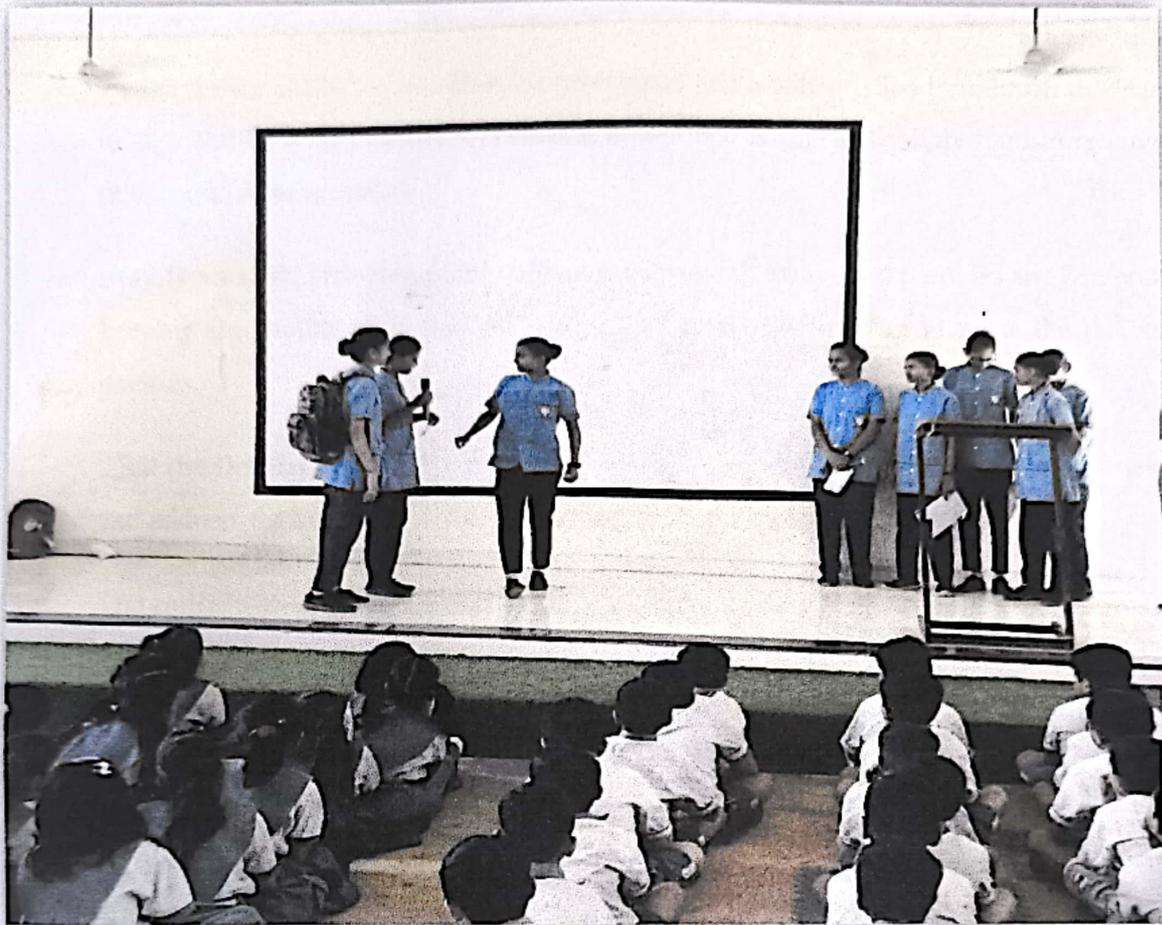
Importance of World Oral Health Day (WOHD)

In 2017, over 350 crore people of the world's population suffered from oral disease. The Global Burden of Disease 2019, had reported that untreated dental caries in permanent teeth (adult teeth) is the most prevalent health problem worldwide. **It was estimated that 50-60% of the population in India suffers from dental caries, thereby reducing their quality of life.**

The treatment for oral health conditions is quite expensive and usually are not included in health coverage. Moreover, access to quality oral care services is minimal in low and middle-income nations. In addition, untreated dental caries can lead to discomfort, difficulty sleeping and eating, hospitalization or dental visit, invasive treatment, and systemic health concerns.

Taking consideration of the aforementioned, an awareness of dental care is very much necessary to avoid dental problems and their associated complications. Therefore, World Oral Health Day aims to provide awareness and enlighten the importance of good oral care by promoting screening programs and preventive measures for dental problems.

The Gathering was addressed and Glorified by the words of wisdom B. Sc. Nursing 1st Semester Students. A short Health Talks were rendered in English and Marathi languages by the Students on topics, Diet, Dental caries, diseases followed by Habits. Brushing techniques were demonstrated and Oral Hygiene Instructions were given to the audience.



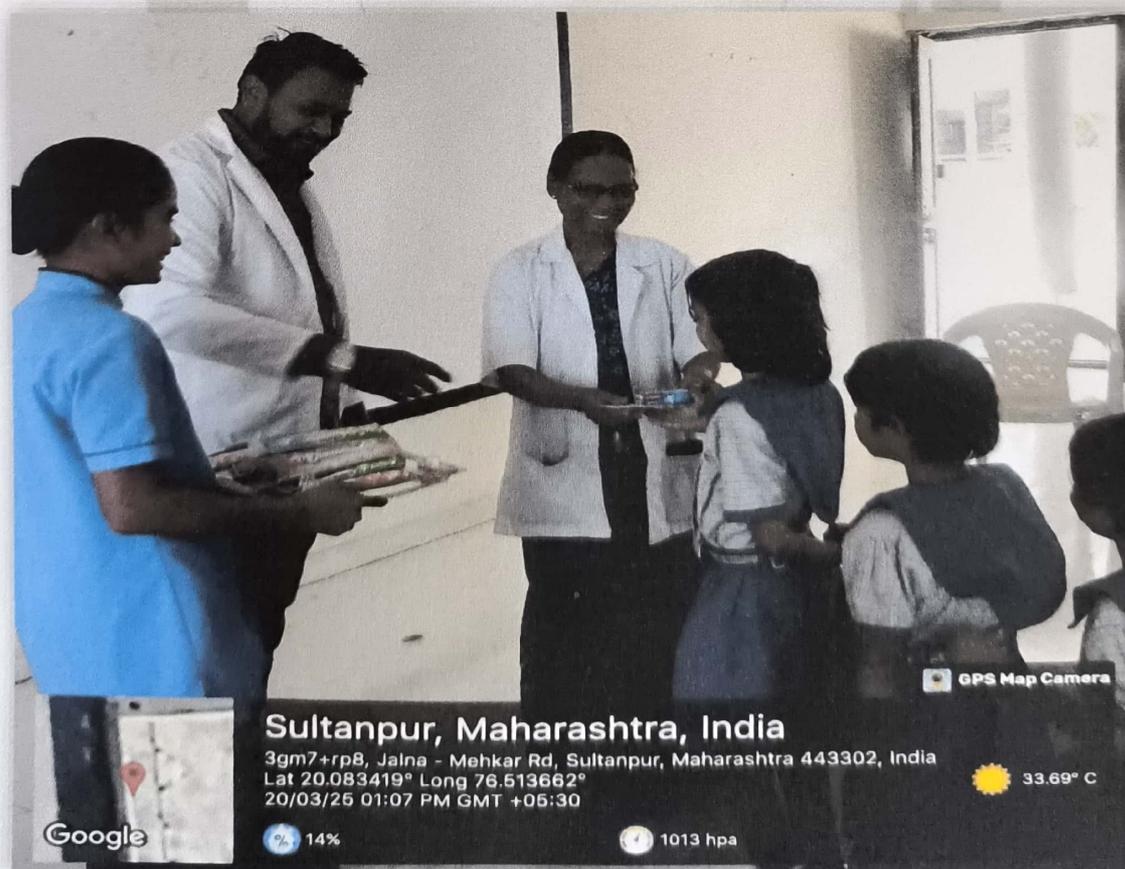
The program was followed by a little skit on Awareness regarding Oral Health by B. Sc. 1st Semester Girls students' group. The live demonstration of brushing habits was shown by two boys from same group.



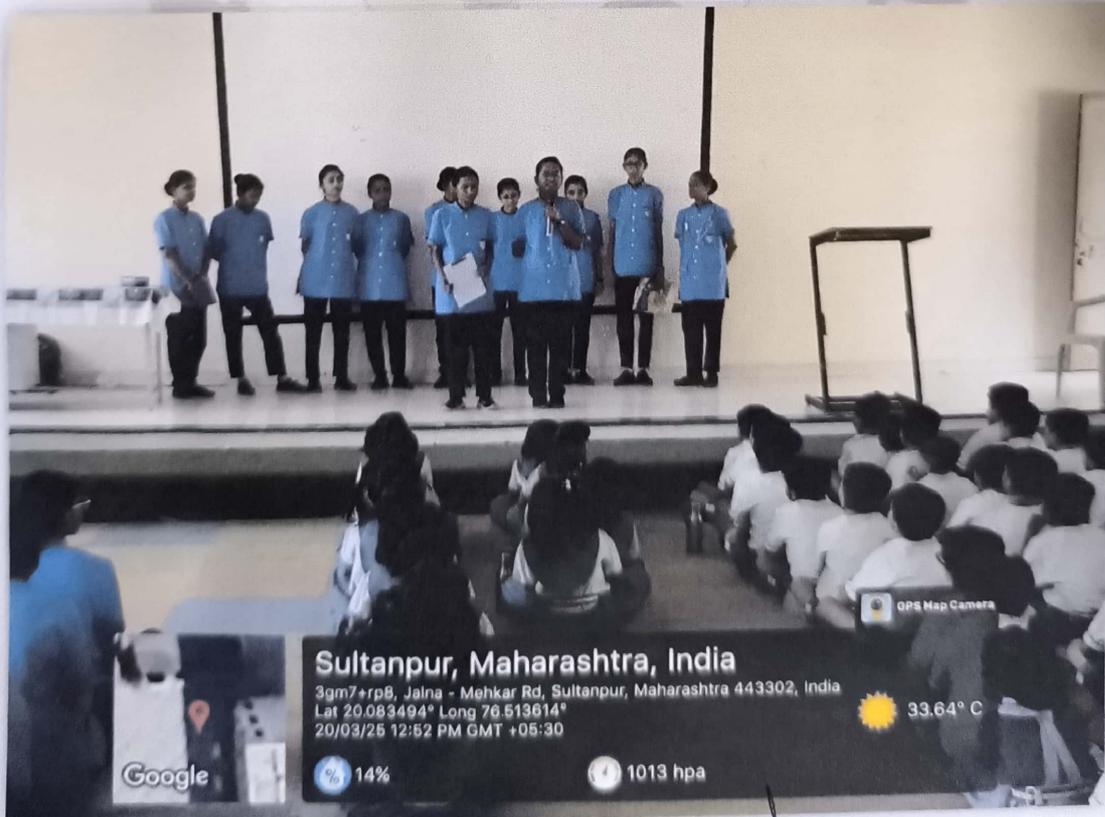
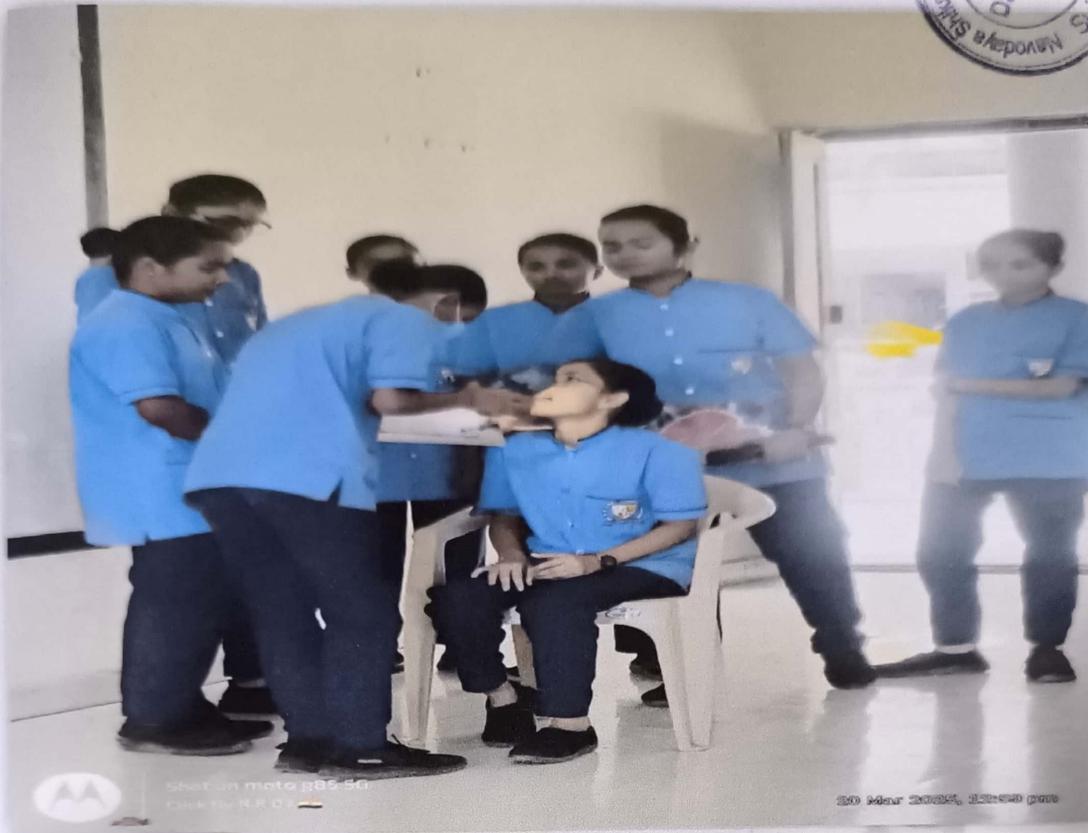
The group give information to class 1st and 2nd standard students as follow,

- **Brush Twice a Day:** Use a fluoride toothpaste and a soft-bristled toothbrush to clean teeth for at least two minutes. Brushing before bed is especially important to remove plaque and food particles.
- **Stay Hydrated:** Drinking plenty of water helps wash away food particles and bacteria, keeping the mouth clean and preventing dry mouth, which can increase the risk of cavities.
- **Visit the Dentist Regularly:** Routine check-ups and professional cleanings help detect and address dental issues early, preventing more serious problems in the future.

The ended with a high hope that we have moved a step forward in distribution of Small Brush and Toothpaste. Vote of thanks forwarded by B. Sc. Nursing students.







P. Prasad
20/3/25

Rajesh
Principal 20/3/25

Dr. R. N. Lahoti College of Nursing,
Sultanpur Tq. Lonar Dist. Buldhara

DATE - 01/12/2025

FACULTY COORDINATOR: Ms. Rajula Asir

ORGANIZING COLLEGE - Dr.R.N.Lahoti college of nursing, Sultanpur

NUMBER OF PARTICIPANTS - 20

METHOD OF CAMPAIGN - By Using Poster

THEME - Overcoming disruption, transforming the AIDS response.

What is World AIDS Day?

World AIDS Day is observed on December 1 each year. It is a day of solidarity for people around the world who are affected by HIV. This is a day for voices to unite by sharing experiences, remembering those lost, and standing together in the fight against HIV. While great strides have been made over the four decades since the first known reported cases of AIDS, this disease remains a public health challenge. World AIDS Day is an opportunity for every community and each individual to honor the more than 32 million people who have died worldwide from AIDS-related illness. For more information on World AIDS Day

History of World AIDS Day:

Two World Health Organization public information officers started World AIDS Day in 1988 as an international day for global health. World AIDS Day is an opportunity for people worldwide to unite in the fight against HIV, to show support for people living with HIV, and to commemorate those who have died from an AIDS-related illness. It's also reserved as a day to bridge new and effective programs and policies across different sectors around HIV/AIDS. Every year, United Nations agencies, federal agencies, and societies from across the globe join together to campaign around specific themes related to HIV.

DESCRIPTION.

Dr.R.N.Lahoti College of Nursing, Sultanpur organized a program on "National HIV/ AIDS awareness day" under the guidance of Principal Mam Ms.Rajula Asir, Programme incharge Ms.Priya Borde and Programme Co-ordinator Ms.Sapna Kharat, Ms. Ankita Ingole.

The program was conducted in the Classroom on 01/12/2025

The aim of the program was to bring attention to the growing number of people living long and full lives with HIV and about their health and social needs and also to educate the general mass about the prevention and treatment of HIV. The Students of Bsc Nursing and GNM student actively took part in the activities such as Poster Competition.





The overall motive of the program was to raise awareness about health life and to spread the informative messages to all the risk group of young people in the college

P. J.
Principal

Dr. R. N. Lahoti College of Nursing,
Sultanpur Tq. Lonar Dist. Buldhana

Programme conducted on
01/12/2025 &
coordinated by

- 1) Ms. Sapana Kharat *Sapana*
- 2) Ms. Ankita Ingole *Ankita*